

# Hinstock Manor

# Newsletter

July 2020



## **Visiting Hinstock Manor During COVID-19 Pandemic**

**The recent easing of government lockdown restrictions has generated some uncertainty, so we feel it is appropriate to restate our guidelines regarding family visits.**

**To date there have been no confirmed cases of COVID-19 at Hinstock Manor. Our front-line carers and domestic team are working tirelessly day and night to keep everyone as safe as possible, especially on the quarantine unit.**

**The virus is still present in society and your relatives in Hinstock Manor are amongst the most vulnerable to infection, therefore we cannot yet relax our strict adherence to a policy of no visitors entering the building.**

**Deliveries are left at the door, meetings and interviews take place outside and maintenance has been deferred.**

**The health of residents, all staff and visitors, remains our highest priority. Therefore, Hinstock Manor will continue in lockdown until the government restrictions are lifted and guidelines allow us to accept visitors. When new guidelines are introduced, we will then put in place safety measures to create special areas where residents can meet a limited number of family.**

**Visits will be booked in advance for specific times and of specified duration.**

**Meanwhile, until restrictions are lifted, we will continue with our iPad communication which has proved very positive and enjoyable for our residents and families.**

**All our residents and staff have been Covid tested and all tested negative, we are now testing routinely with staff tested weekly and residents tested monthly.**

**All the staff at Hinstock Manor fully appreciate the hard work, commitment and dedication which our management team, Diana Wall and Clare Dunn, have put together helping us all to feel safe and confident in our work and for which we would like to say a very big:**

**“Thank You Diana and Clare”**

**Thanks also to families and friends for your continued support, patience and understanding which all helps keep everyone safe.**

## Activities with Vanessa

Vanessa has been kept very busy keeping residents stimulated and motivated, engaging them through games, creative arts and crafts or just a quiet chat and reminiscence of happy times, knowing they are most likely missing visits from family and loved ones, but a chat with Vanessa or some jolly music soon brings a happy smile back to our residents.



Music and Movement sessions have been very well received, a “Shake Your Maracas” session was great fun with laughs and giggles from all those taking part.



**Flower arranging using flowers grown in our garden, was enjoyed by a group of enthusiastic ladies who were able to name all the various flowers and remembered growing them in their own gardens which stimulated conversation and happy smiles.**



**Art and Craft sessions have been continuing with wall art canvases which now have pride of place in our fabulous new art room. The art room is a wonderful addition to the home, it gives residents the opportunity to try a variety of arts and crafts in a safe, fun and stimulating environment. Residents will be able to use the art room on an individual basis with Vanessa and also for small group sessions which give a lovely opportunity for everyone to chat whilst they are creating arts and crafts. Card making, bunting and painting are amongst the projects now underway in the art sessions.**



Baking has also been well attended, residents have made scones for afternoon high tea, also baking and decorating 'people biscuits' which they enjoyed at teatime.



We had Birthday Celebrations for two of our residents, with birthday cake and birthday tea, making the day that little bit special.



We have embraced technology this month, our residents have enjoyed some "internet adventures" where they can use the ipad to research anything of their choice. We have looked at animals, places we used to live and recipes.

The echo dots “Alexa” has also been in use and the residents who hadn’t yet used them found them great fun, everyone was in awe of how you can ask a machine a question and have it reply.

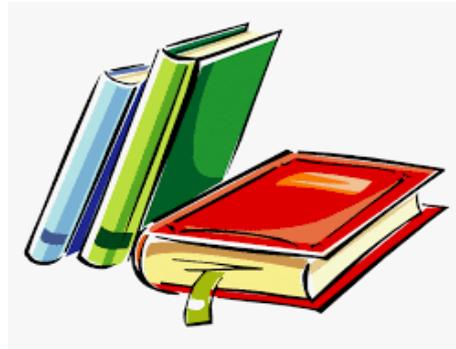
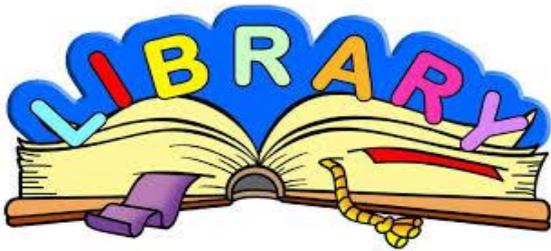


We are having a “Wimbledon Day” this month, complete with strawberries and cream. Strawberries very kindly donated by the family of one of our residents. This will be a jolly day for everyone with staff and residents joining in to enjoy the Wimbledon day event.



We have received such lovely feedback from families which is always encouraging to hear, if you are happy with the care and support your loved one receives at Hinstock Manor and would like to leave a review please could you visit: [www.carehome.co.uk](http://www.carehome.co.uk)

**Our little library continues to be very successful, with plenty of books and magazines available for our residents to enjoy whenever they just want quiet moments. Vanessa often reads to residents, poems and history books seem to be top of the list this month.**



**This month we have welcomed two new staff onto our care team. We also wish Liz an enjoyable retirement, Liz has been a carer at Hinstock for many years, we will all miss her and wish her well.**

**Diana and Clare would like to take this opportunity in thanking their dedicated, hardworking team for always being happy going above and beyond and showing compassion at the highest level at all times during this difficult and uncertain time. We have many uncertain weeks ahead but with the continued support from our dedicated staff team we will continue to 'fight the fight' to remain Covid free.**

