



# Welcome to Yockleton Grange

Care home in Shropshire

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Yockleton Grange is set in lovely surroundings in the Shropshire village of Yockleton. It is easily accessible from Shrewsbury and Welshpool. The building is an extended and converted Victorian rectory that blends period charm with modern convenience. Large landscaped gardens give plenty of space for enjoying the outdoors, and a homely family atmosphere helps new residents relax and settle in quickly.

## The types of care we offer

Personal care in a residential setting both for those whose main care needs are age-related, and for people over the age of 55 with learning disabilities.

We offer long term placements plus respite, short stays, and day care.

“My relative has come from their own family into another”



# Our Facilities

## Bedrooms

Yockleton Grange has 21 single rooms and 3 doubles. 8 of the singles and 1 of the doubles have ensuite facilities. Most have ensuite facilities, and many have views over the gardens or the pond.

All rooms have a nurse call system, a TV aerial point, and a phone point. Freeview is installed, and we can arrange phone connection (costs billed to you). Sensor equipment is used where needed to keep people safe.

You can use our bedroom furniture, or you can bring your own (as long as it meets fire regulations), and you can make the room homely with photos and other personal items.

If you use any walking aids, then please bring them with you.

## Communal facilities

- 2 light and bright lounges
- Dining room looking out onto the gardens
- Conservatory overlooking the pond
- Quiet room for one-to-one activities or private meetings
- 3 acres of beautiful landscaped gardens, with seating areas, mature trees, rookery and duck pond!
- Free WiFi throughout the building
- Laundry service
- Lift

## Smoking

Smoking is not allowed indoors. There is a designated outside smoking area.

## Extra services\*

We also offer the following additional services to help you enjoy your stay:

- Chiropody
- Hairdressing
- Newspaper delivery
- One-to-one care not already agreed in your care package
- Chaperones to hospital appointments

\* Not included in home fees

**“Staff are exceptional – kind, caring and patient – nothing is too much trouble”**

## Moving in

**Moving into a care home is a big step, and we find that the more homely the new bedroom, the sooner people settle in. Taking time to choose what personal belongings to bring can really help.**

If you are helping a loved one to move, find photos of friends and relatives that will remind the person they are loved and evoke positive memories. Make sure you put the photos where your loved one can see them easily.

Another good idea is to bring a favourite bedspread or blanket. This brings comfort and familiarity, helping create a room “just like home”, rather than a completely new and unfamiliar space.

**“My father feels looked after and cared for. He is happy and content. Such a relief for myself”**

Memory boxes filled with personal treasures and trinkets can also be a lovely way to help people handle the change. Making the box is a valuable activity to do together as a family, and the box then provides a focus for conversations and for remembering happy times.

Please do not bring in expensive items such as jewellery, however, as they won't be covered by our insurance policy.



## Life at Yockleton Grange

At Yockleton Grange, you choose how to spend your day. It's your home, and you're free to get up when you want, to come and go as you please, and to receive visitors just as you always have done. Visitors are welcome at any reasonable time, and you can entertain people either in the communal areas or in your own room.

If you want to take part in activities, you'll find plenty to get involved with – but there's never any pressure to join in. If you want to sit quietly in your room, potter in the garden, or simply watch TV, that's absolutely fine. With plenty of big windows around the house, you can also enjoy the changing seasons from the comfort of your armchair: see trees full of blossom in spring, and squirrels raiding the bird feeders as autumn approaches. And, of course, there's always time to meet and chat with new friends.

# Keep mind and body active

To help you keep mind and body active, you'll find a wide variety of activities on offer, indoors and out, here and further afield. Activities are resident-led – and suggestions are always welcome!

## Activities within the home

- Making friends with our pets, Toby the budgie and Poppy the dog.
- Exploring your creative side at arts and crafts sessions
- Catching up with everyone's news at afternoon teas for residents, friends and family, and the local community
- Gardening
- Taking part in exercise to music sessions
- Helping produce our monthly newsletter
- Flower arranging
- Reminiscing with staff
- Playing board games
- Enjoying visits from outside entertainers, including our local ukulele band, brass band and hand bell ringers
- Having fun with residents and visitors at special events such as garden fetes
- Taking part in faith-based activities (we have church services once a fortnight, Anglican Holy Communion once a month, and we can arrange visits from ministers of other faiths as needed)
- Family and friends are welcome to join in with social events.

"All the visitors are welcome at any time"

"The management and staff are all excellent with their care and understanding"

## Perfectly balanced menus

All Springcare homes feature the same weekly menus, put together by Springcare's Catering Manager. Experienced in catering for the needs of care home residents, the cook plans every dish carefully to ensure a tasty blend of ingredients and flavours and a nutritionally-balanced diet.

## Flexible mealtimes

In the dining room, meals are at a set time and are for residents only. This means we can make sure mealtimes are peaceful and relaxing. If you need assistance with eating or drinking, our staff will be there to help.

## Trips out

Springcare have their own minibus and drivers, which means we can offer trips out at least once a month. There's something for everyone: pub visits, shopping, coffee shops, art galleries, canal boat trips, local beauty spots and dementia-friendly venues such as the Palm House in Sefton Park.

## Food and drink

Our tempting home-cooked meals feature fresh, seasonal ingredients. There's always a choice of dishes, and your food will be prepared to meet your individual needs and preferences (including cultural diets). In the unlikely event there's nothing on the menu you fancy, the cook will do their best to find an alternative.

You can ask for a hot drink whenever you want one, and you'll have a jug of water or squash in your room at all times.

## Flexible eating and meals with family and friends

We can also provide meals in the lounge or in your own room and, if needed, at a different time. Families and friends are welcome to eat with you.

## GP and health services

If you are moving to Yockleton Grange from nearby and already have a local GP, you can keep the same doctor. We'll advise on GP services if you need to change. Dentists, opticians and chiropodists visit the home on request (charges apply for these services unless you are entitled to free NHS treatment). A physiotherapist comes regularly (no charge).

# Our Family Circle philosophy

**At Yockleton Grange- as at every Springcare home - we follow a strong 'family circle' philosophy based on getting to know residents as individuals and treating them as such throughout their time with us.**

Before people move in, we start to find out what they like, what they don't like, and most importantly, who they are as people. We want everyone who comes to us to feel safe and secure, respected for who they are, and valued for their life up to now. We help people maintain as much independence and privacy as possible, and encourage a sense of identity.

We believe in getting the little things right, in being kind, compassionate, and considerate - just as if we were looking after our own loved ones.



## Your life, your care

We'll talk to you and your family about your care needs and agree a care plan that sets out everything our staff need to know to make sure you get the care that's right for you. The plan includes everything from your history and background to your preferences around bathing, when you like to get up and go to bed, how you want to be addressed, and what you like to wear and eat.

The plan is an evolving document - you can talk to us about any aspect of your care at any time.

With the plan in place, you and your friends and family can enjoy spending time together in a relaxed environment, knowing your needs are being taken care of.

There is also plenty of opportunity for you and your family to give ideas and input into the running of the home. We have two residents' champions - one male, one female - to liaise between residents and staff. We also hold regular residents' and relatives' meetings as well as using questionnaires to ask for feedback.

## Staffing

Our dedicated staff understand how to care for our residents and look after each person according to their individual needs. Staff spend one-to-one time with residents, making sure they are comfortable and happy. You'll have your own key worker so there will always be one person who knows you particularly well.

All staff are trained to support people with a wide range of health issues including dementia care, and have regular training to keep knowledge and skills up to date. In addition, individual staff take a lead on specialist issues such as infection control. For complex health issues, we source specialist advice and training for staff.

When residents go out of the home environment, they are usually accompanied by staff. Keypads at all doors mean we can keep people safe in the home where needed.

## Trial visits

With a trial visit, you can experience life at Yockleton Grange first-hand. Come for a morning, afternoon or even a full day, take part in an activity, and join us for lunch. A family member or friend is welcome to come along too.

## Financial information

All our homes welcome residents who choose to either fund their own care or to top up their government entitlements to ensure they have the very best care and support.

The cost of your care and accommodation will depend on your situation. The Yockleton Grange Manager will be happy to discuss this with you.

With changes to the way social care entitlements are calculated, many people will not qualify for government support to fund care home costs. You may be able to get help with funding if your assets are less than the 'upper capital limit' set by the government. The Age UK website at [www.ageuk.org.uk](http://www.ageuk.org.uk) has useful information on the system for paying for residential care.

We also have our Springcare Guide to Paying for Care available on our website.

Our full terms and conditions are available in our brochure pack and on our website.

You will be asked to sign the terms and conditions as well as a contract (if you are paying for any part of your care) before any admission to the home. The contract will include the full details of what is/is not included in the fees.

**“The staff are always happy to talk about all aspects of care, support, activities and needs”**



# Welcome from the Springcare team

**We would like to offer you a warm welcome to Springcare.**

We understand how difficult choosing the right home can be, and we hope you will find the information in this brochure helpful. To help you take the next steps, the manager and team at Yockleton Grange are always happy to answer questions and discuss concerns. You can call and talk on the phone, or ask to come and see round the home. If you like what you see, then we'd be happy to welcome you for a trial visit to help you make your mind up.

We hope you'll decide Yockleton Grange is right for you – and if you do, we promise to make your wellbeing our priority.

**“We, the family, are confident that she is receiving the very best care and attention in a loving environment”**

## About Springcare

Springcare is an established family business with a portfolio of care and nursing home across Shropshire, Cheshire and the Wirral. At each of our homes, we provide a warm, caring environment that puts the resident first.

Over the years, we have had the privilege of looking after so many wonderful people, and we have a strong track record of delivering high quality care centred around individual needs.



# Get in touch with Yockleton Grange

To get in touch or book a visit, please use the details below:



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