



JUNE ACTIVITIES

Saturday	1 st	Film Afternoon
Sunday	2 nd	Sunday Roast
Monday	3 rd	Armchair Exercises / Monday Manicures
Tuesday	4 th	Poetry Club
Wednesday	5 th	Armchair Exercises / Chatterbox Tea Club
Thursday	6 th	Arts and Crafts
Friday	7 th	Armchair Exercises / Virtual Reality Friday
Saturday	8 th	Breakfast Club
Sunday	9 th	Sunday Roast
Monday	10 th	Armchair Exercises / Monday Manicures
Tuesday	11 th	Poetry Club
Wednesday	12 th	Armchair Exercises / Afternoon Tea Party
Thursday	13 th	Trip Out / Arts and Crafts
Friday	14 th	Armchair Exercises / Virtual Reality Friday
Saturday	15 th	Film Afternoon
Sunday	16 th	Sunday Roast
Monday	17 th	Armchair Exercises / Monday Manicures
Tuesday	18 th	MEMORY SINGERS
Wednesday	19 th	Armchair Exercises / Afternoon Tea Party
Thursday	20 th	Arts and Crafts
Friday	21 st	Armchair Exercises / Virtual Reality Friday
Saturday	22 nd	Film Afternoon
Sunday	23 rd	Sunday Roast
Monday	24 th	Armchair Exercises / Monday Manicures
Tuesday	25 th	Poetry Club
Wednesday	26 th	Armchair Exercises / Afternoon Tea Party
Thursday	27 th	Trip Out
Friday	28 th	Armchair Exercises / ARTS AND CRAFTS CLUB
Saturday	29 th	Film Afternoon
Sunday	30 th	Sunday Roast