



# Oxton Grange Newsletter

## Welcome to our new newsletter

This is the first edition of our new newsletter. We hope this newsletter will be a fun way of engaging with all the residents, families and visitors.

Please feel free to take a copy.



If you have any comments, suggestions or feedback then please get in touch with us



### Dignity Initiative in March

We are continuing to support the Dignity in Care campaign, and four of our staff have volunteered as dignity champions to help promote this [Katie, Barbie, Lisa and Alan]

We are going to install a Dignity Tree Display that will display what dignity means to you and your friends and family.

We would love your feedback on this, what does dignity mean to you, how can we help promote dignity or what do you do that treats people with dignity? All feedback welcomed.

### Care Plan Reviews

As part of our person-centred approach to care it is important to us that the views of our residents and your families are sought when formulating care plans.

Our Operations Director, Clare, will be happy to talk through and review care plans with any resident or family members.

From March 19<sup>th</sup> onward anyone wanting to book a care plan review session with Clare is welcome to make an appointment, and weekend and evening appointments are available.

## Nutrition and Hydration Week 12th–18th March

We will be taking part in Nutrition and Hydration Week with 7 days of fun and informative events

On Monday 12th we will be hosting a Big Breakfast with a lovely breakfast buffet to start the day. We would love it if you could join us.

On Wednesday 14th March at 3pm we will be

hosting afternoon tea. We have invited professionals from the Wirral Dietary Service to be on hand with advice, and it will hopefully be a fun event for all.

Across the week we will be providing information on a range of important food and drink topics.

- Monday 12th : Big Breakfast
- Tuesday 13th : Snack Tuesday
- Wednesday 14th : Afternoon Tea
- Thurs 15th : Thirsty Thursday
- Friday 16h : Fruity Friday

## Oxton Grange

### THIS ISSUE:

- > Upcoming events in March and April
- > Nutrition + Hydration Week
- > Dementia Friends Initiative
- > House of Memories training
- > Save a date list

### Inside this issue:

Home News	2
Library Partnership	2
House of Memories	3
Dementia Friends	3
Protected Mealtimes	3
The Staff Room	4
Dates for Your Diary	4

## **Home News**

### **Bar area:**

Our maintenance team have built the main body of the bar and Chris is going to apply the finishing touches to it for us over the coming weeks.

We have most of the bar-wear ready to install and some lovely donations have come over the last couple of weeks also, so thank you.

### **Tea Room Area:**

We have sourced some dressers and they will need repainting, and the dining room will be re-decorated once we have finalised the colour schemes [table clothes, wallpaper etc].

We have sourced décor and pictures would welcome any donations that would fit a tea room

### **Garden Path:**

We are awaiting confirmation from head office for an estimated time frame for this.

### **50's Lounge for Third Floor:**

Our Valentine's Raffle raised £30 for our resident's fund, some of which will go towards achieving the nice themed lounge. Our goal is to raise £200 pounds so we are well on our way!



**"We are always looking for way of enriching the daily lives of our residents..."**

## **Shop Idea**

We are always looking for way of enriching the daily lives of our residents, and we have had feedback that having a shop in the home would be a popular addition

There is a company that offers a shopping experience within the home.

They bring in an attractive display unit containing sundries such as toiletries, sweets, snacks, tissues, tights etc .

Ordering is done via an I-pad that is linked to an account that is topped up and managed by yourselves.

You would simply need to register an account or have someone do that for you.

If anyone has any comments or feedback on this idea and demand for it then we would love to hear from you

## **Library Partnership**

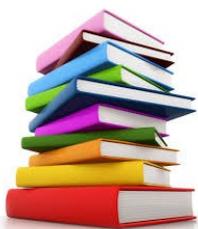
We are partnered with a local library who are happy to deliver a selection of books for anyone wanting to borrow from them.

They can fulfil specific requests, but are also happy to bring a selection of books on a theme.

So if someone is interested in e.g. motor sport or spy thrillers but doesn't have a particular book in mind. Please see Alan for more details.

We also have a range of audio books available in the home for those that would enjoy them and

can order more from the library upon request



**Order your library books through us...**

## House of Memories Training

House of Memories offers fantastic training on supporting people living with dementia. The training is very popular with our staff who are often incredibly moved and inspired by its content and delivery.

They also offer similar sessions for the family members of people living with dementia. The session is described on their

website as :

“... an introduction to dementia, using powerful and very personal video stories to explore the challenges presented when supporting someone living with dementia...”

The session will provide you with a number of practical approaches to enhancing communication

and building positive meaningful relationship...”

They have a number of dates available across the beginning of the year:

**22 March** Museum of Liverpool , 10.30am - 2.30pm

**19 April** Museum of Liverpool , 10.30am - 2.30pm

**24 May** Museum of Liverpool , 10.30am - 2.30pm

**14 June** Museum of Liverpool , 10.30am - 2.30pm

You can contact them via:

Email [learning@liverpoolmuseums.org.uk](mailto:learning@liverpoolmuseums.org.uk)

Telephone 0151 478 4240

<http://houseofmemories.co.uk/dementia-training/>

## Dementia Friends Initiative

We are supporting the Dementia Friend's initiative and many of our staff are joining the scheme.

A local Dementia Champion, Bexi Owen will be hosting an information session on Sunday 25th March at 3pm.

It will be an informal session that aims to raise awareness and give some practical advice on how to help people living with dementia in our communities.

All are welcome to attend, please see Alan for more details



**“We are supporting the Dementia Friend's initiative and many of our staff are joining the scheme... ”**

## Protected Meal Times

We are looking to implement protected meal times in the home.

This means trying to reduce distractions at meal times and making meal times an enjoyable relaxing time for residents.

We have altered some of our working practices so that e.g televisions are not on and we don't interrupt meals by work-

ing in other areas of the lounges.

We are also trying to get local GP's, district nurses and other healthcare professionals to support us on this.

We welcome family visits at all times, and we really appreciate family members spending time with us at meal times, but we would ask that where possible

residents aren't taken away from their meal for short visits as this can disrupt the meals of other residents also.

There are lots of studies on the benefits of protected meal times available online.

An NHS study is available here:

<https://tinyurl.com/ProMealTimesLink>



## The Staff Room

### Staff Room

Have any staff members gone the extra mile for you over the last few weeks? If you would like to thank a member of staff for going above and beyond the call of duty then please feel free to use this newsletter, we would be happy to embarrass them by featuring them!

Congratulations to : Vicky, Tracy, Harry, Toni and Katie who have completed their medication training course with St Stephenson's college in Liverpool after 3 months of hard work. Well done.

Some staff have volunteered as Falls Champions. Their role will be to help reduce falls by supporting and educating people one the causes and prevention of falls. So if you have any questions or want advice then Josh, Lisa and Alan will soon be undertaking training to help answer questions and offer support.

We also aim to introduce new members of staff in the newsletter, we have been recruiting over the last couple of weeks so the next issue we will have some new faces to introduce.

We are sad to see Amy Morton leave us, she and her little boy Bobby, have been much loved members of the team and we wish her every success in the future.



51-53 Bidston Road

Oxton

Wirral

CH43 6UJ

Phone: 0151 653 9000

Email:

oxton.grange@hotmail.co.uk

## Dates For Your Diary

### March 8th : Trip Out

Join us on a trip to a local garden centre

### March 12th : Big Breakfast

Join us for a breakfast buffet

### March 14th : Afternoon Tea

We will be hosting an afternoon tea for all

### March 17th : St Patrick's Day

We will be having live music from 3-4pm

### March 21st : Memory Singers

The memory singers will be performing 2.30 onward

### March 22nd : Trip Out

Please join us for lunch at a local pub

### March 25th : Dementia Friends

We are hosting a Dementia Friends Information Session 3pm

### April 1st : Easter Sunday

Please join us for an afternoon tea get together

### April 5th : Trip Out

We will be having lunch in the park, enjoy the spring outdoors

### April 19th : Trip Out

Join us on a trip to the Candle Factory in Cheshire

### April 23rd : St George's Day

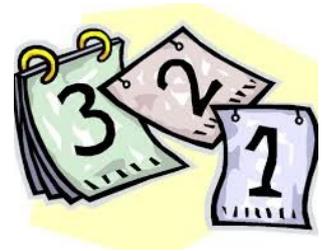
An afternoon of live music 3pm

### June 2nd : Queen's Coronation

We will be hosting a 50s themed garden party for the 65th anniversary

### July 28th : Summer Garden Party

Please join us for our annual Summer Fayre



Dates to Remember