



Happy
Valentine's Day!



WESTON HOUSE NEWSLETTER



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February Trivia

February has 28 or 29 days. The 29th day is every 4 years during a leap year. February is named for the Latin word februum which means purification

Zodiac signs: **Aquarius & Pisces**
Birthstone: **Amethyst**

Quote of the Day

The best time to plant a tree was 20 years ago. The second-best time is now.

– Chinese Proverb

Hello Residents, Family and Friends!

I hope you are all keeping safe and well during our third national lockdown!

We have been occupying ourselves here with lots of lovely activities such as making lavender scented bags, film afternoons and painting in the style of Jackson Pollock!

We have lots of lovely activities lined up for February including Valentine's Day celebrations, armchair travel to China and a Mardi Gras celebration day involving making our own colourful masks!

I also have the pleasure of informing you that all residents and most staff here at Weston House have now had our first dose of the COVID 19 vaccine and we are all doing very well! We hope that this will be the first step in regaining some sense of 'normality' in the not so distant future.

I hope to see you all at some of the upcoming activities!

Chloe

Activities Coordinator

RECENT EVENTS

This month, it was really lovely to see so many of you willing to get involved, particularly with our lavender scented bags and our 'Jackson Pollock' painting.



Upcoming Events in February

2 nd	10:30 – Dominoes in EMI lounge 1:30 – Film Afternoon in Residential lounge – ‘Die Another Day’
3 rd	10:15 – Sweet Trolley 11:30 – Armchair Yoga in EMI lounge 2:00 – Dominoes in Chapel/One to One
4 th	10:15 – One to One with Residential 2:00 – Film Afternoon in EMI lounge – ‘Dr. Doolittle’
5 th	Group reading/One to One reading throughout home to celebrate ‘World Read Aloud Day’
9 th	10:30 – Word searches in EMI lounge 1:30 – Manicures throughout home
10 th	10:15 – Sweet Trolley Making masks in preparation for our upcoming Mardi Gras celebrations throughout home
11 th	Making Valentines hearts all day throughout home to begin our Valentie’s Day celebrations
12 th	AM - Armchair travel to China throughout home to celebrate Chinese new year PM – Valentine’s Day celebrations with chocolate covered strawberries and a residents choice of film
16 th	Armchair travel to New Orleans for Mardi Gras celebrations throughout home. A pancake flipping contest throughout home in the afternoon to celebrate Pancake day
17 th	10:15 - Sweet Trolley 11:00 – One to One with Residential 2:00 – Tin can tumble in EMI lounge
18 th	10:30 – Dominoes in EMI lounge 2:00 – Card games in chapel
19 th	10:30 – Manicures throughout home 1:30 – Film Afternoon in residential lounge – ‘You only live twice’
23 rd	Salt Dough craft throughout home all day
24 th	10:15 – Sweet Trolley 11:00 – One to One with residential 1:30 – Wordsearches and Origami in EMI lounge
25 th	Painting Salt Dough pieces made earlier in the week
26 th	10:15 – Manicures throughout home 1:30 – Armchair Yoga in EMI lounge followed by Film ‘Annie’

Laughing Matters!



Hunting gone wrong

Two hunters are out in the woods when one of them collapses. He's not breathing and his eyes are glazed. The other guy whips out his cell phone and calls 911.

"I think my friend is dead!" he yells. "What can I do?"

The operator says, "Calm down. First, let's make sure he's dead."

There's a silence, then a shot. Back on the phone, the guy says, "OK, now what?"

Tempting fate

In surgery for a heart attack, a middle-aged woman has a vision of God by her bedside. "Will I die?" she asks.

God says, "No. You have 30 more years to live."

With 30 years to look forward to, she decides to make the best of it. Since she's in the hospital, she gets breast implants, liposuction, a tummy tuck, hair transplants, and collagen injections in her lips. She looks great! The day she's discharged, she exits the hospital with a swagger, crosses the street, and is immediately hit by an ambulance and killed. Up in heaven, she sees God. "You said I had 30 more years to live," she complains.

"That's true," says God.

"So what happened?" she asks.

God shrugs. "I didn't recognize you."

One Liners

Time flies like an arrow, fruit flies like a banana.

It's hard to explain puns to kleptomaniacs because they always take things literally.

A POEM TO SHARE

She Walks in Beauty

By Lord Byron (George Gordon)

She walks in beauty, like the night
Of cloudless climes and starry skies;
And all that's best of dark and bright
Meet in her aspect and her eyes;
Thus mellowed to that tender light
Which heaven to gaudy day denies.
One shade the more, one ray the less,
Had half impaired the nameless grace
Which waves in every raven tress,
Or softly lightens o'er her face;
Where thoughts serenely sweet express,
How pure, how dear their dwelling-place.
And on that cheek, and o'er that brow,
So soft, so calm, yet eloquent,
The smiles that win, the tints that glow,
But tell of days in goodness spent,
A mind at peace with all below,
A heart whose love is innocent!